



K. L. E. Society's

SCIENCE AND COMMERCE COLLEGE

अतदोपभव



(Affiliated to University of Mumbai)

Plot No 29, Sector -01, Kalamboli, Navi Mumbai-410218.

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REPORT

ON

National Task Force Survey on Mental Health of Students and Prevention of Suicide in Higher Education Institutes

Date: 25th to 27th Nov. 2025

Criterion and Key indicator: 5.2.2

Enclosed:

1. Report with Google tag photos



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Report on

National Task Force Survey on Mental Health of Students and Prevention of Suicide in Higher Education Institutes

BACKGROUND

- *Day and Date : 25th to 27th November 2025*
- *Time: Not applicable*
- *Objective of the activity:*
- *Conducted under: Anti-Ragging Cell*
- *Beneficiaries : students and faculty*
- *Management of the Event: Anti ragging cell*

BRIEF OVERVIEW

The Ministry of Education constituted a National Task Force to study mental health issues among students in Higher Education Institutes (HEIs) and to develop preventive measures for reducing stress, anxiety, and suicide risk. As part of this initiative, our colleges were directed to conduct a structured survey among their students. Our college actively participated in this national-level activity to assess students' emotional well-being, academic stress factors, and the need for institutional support systems.

2. Objectives of the Survey

- To understand the mental health status of students in HEIs.
- To identify sources of academic, social, and financial stress.
- To evaluate awareness about counselling services and support mechanisms.
- To assess the risk factors associated with suicidal thoughts/behaviour.
- To promote mental health awareness and create a supportive campus environment.
- To contribute data to the National Task Force for policy planning and preventive strategies.

3. Survey Implementation at College Level

a. Orientation and Awareness

All students were briefed on the purpose and confidentiality of the survey. Faculty members highlighted the importance of honest responses and assured students of privacy.



b. Method of Data Collection

- The survey was conducted using the official questionnaire provided by the National Task Force.
- Responses were collected through online forms.
- Students from UG and PG programs voluntarily participated.
- Facultys from the institute participated.
- Faculty coordinators (class teachers) were appointed to monitor and guide the process.

c. Participation Details

- Total Students Participated: Communicated to all under graduate and post graduate students
- Streams Covered: Science / Commerce / PG
- Faculty Coordinators: 40

4. Key Findings

Based on student responses, the following general observations were recorded:

- Many students reported moderate levels of academic stress related to exams, workload, and future career uncertainty.
- A section of students expressed concerns about financial.
- A portion of students were not fully aware of the availability of counselling services or did not feel confident seeking help.
- Social media comparison were identified as additional stressors.
- A very small number of students expressed feelings of hopelessness or self-harm tendencies, highlighting the need for timely intervention.

5. Role of the College

- Conducted awareness on mental health and emotional well-being.
- Ensured safe, confidential, and stigma-free participation.
- Facilitated the survey across all departments.
- Identified students requiring further counselling and directed them to the college counselling cell.
- Submitted the consolidated survey report to the National Task Force as per guidelines.

6. Outcomes of the Activity

- Enhanced student awareness on mental health issues and the importance of seeking help.
- Strengthened the role of the Counselling Cell in addressing emotional challenges.
- Enabled the college to plan targeted interventions like stress-management workshops, mentorship programs, and psychological support.
- Provided valuable data to support the National Task Force in designing preventive policies for HEIs.

7. Conclusion



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Since 1976

The National Task Force Survey on Mental Health and Prevention of Suicide in Higher Education Institutes was an essential step toward creating emotionally resilient, supportive, and safe campuses. The college's active participation ensured meaningful contribution to this national movement. The insights gained will help strengthen institutional mental health frameworks and enhance student well-being.

PHOTOGRAPHS (Google tag)



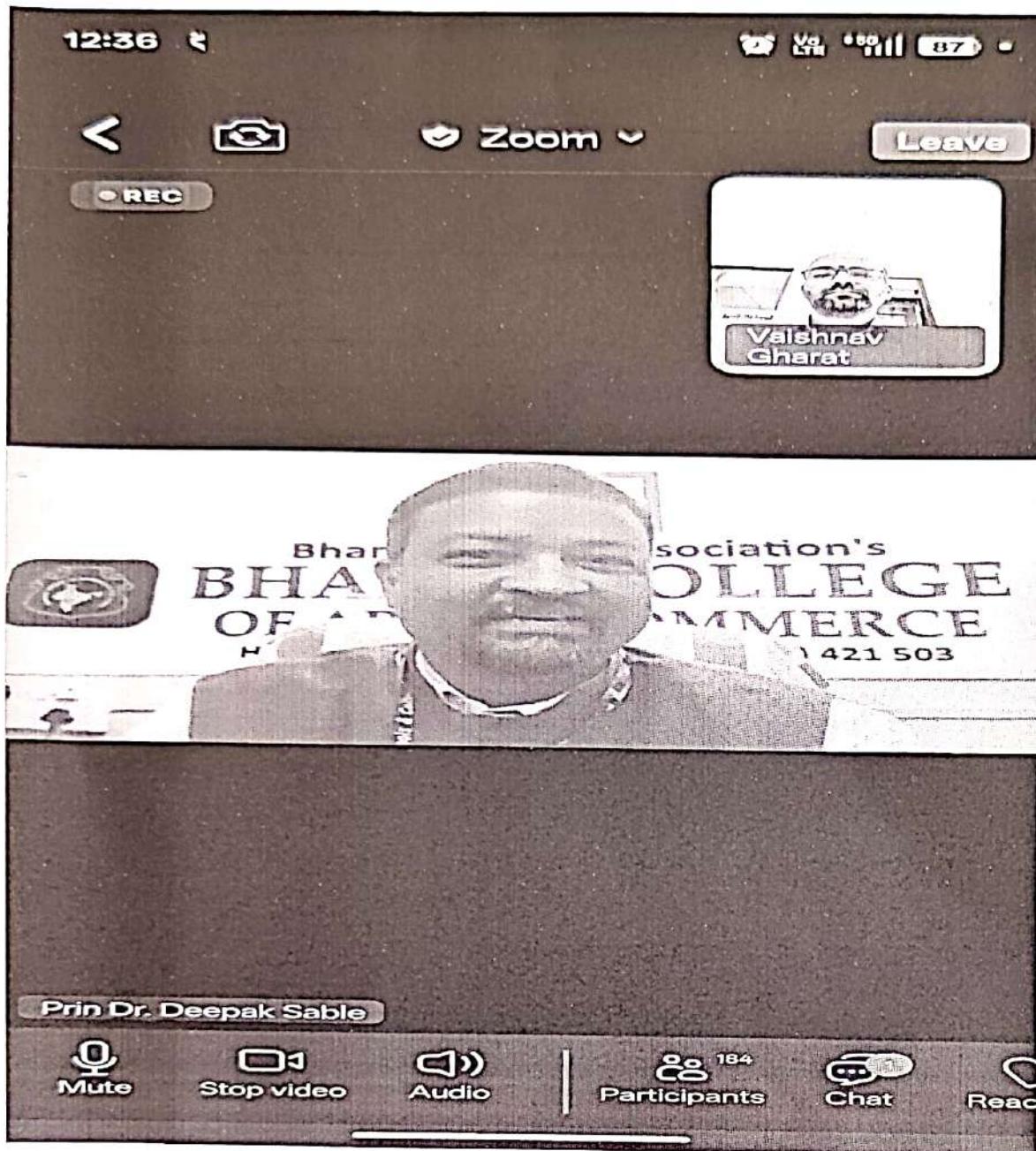


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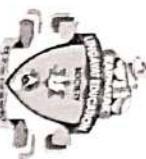
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Since 1916

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NTF Survey.

Thank You for your response.

Ok



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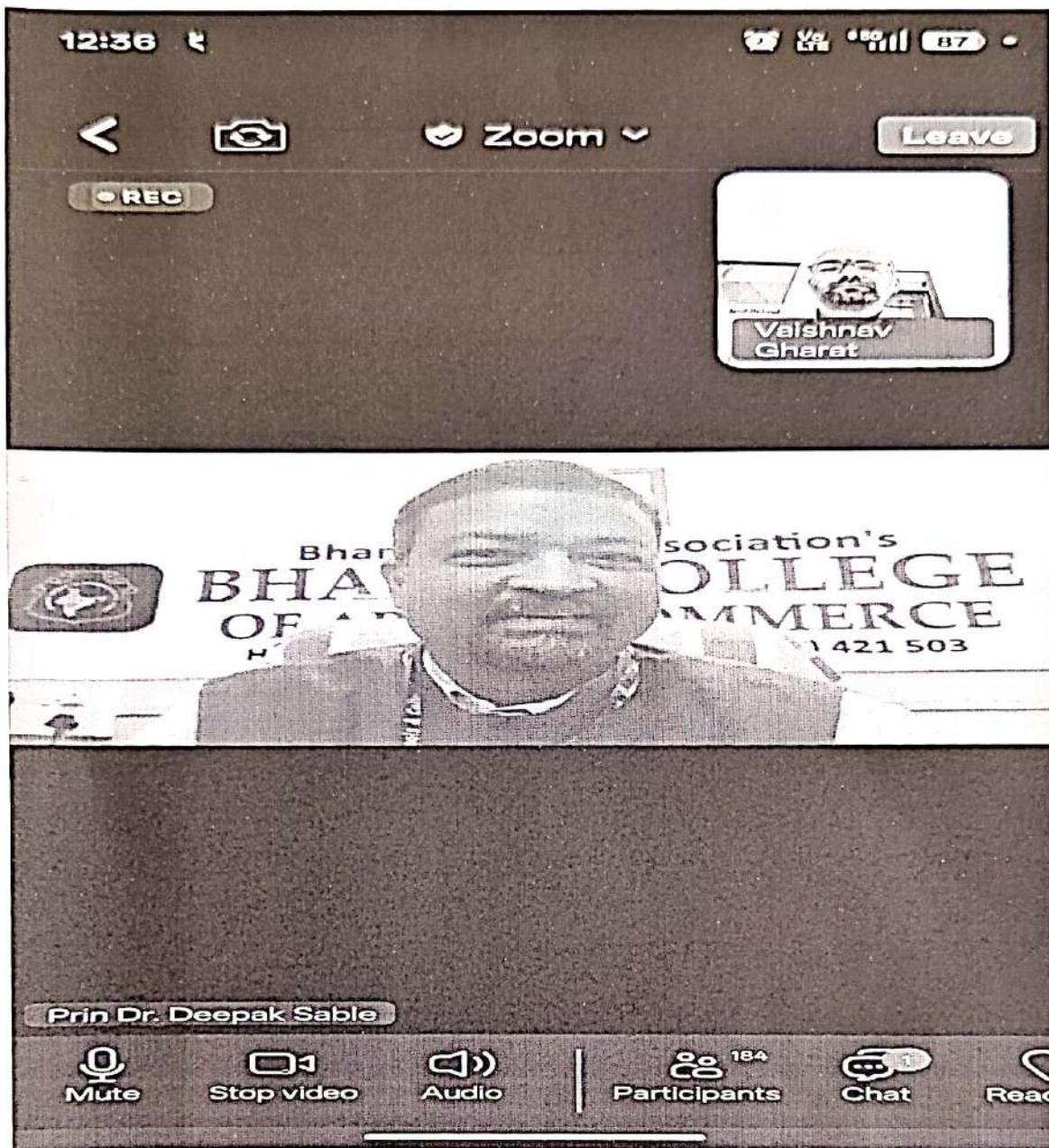
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NTF Survey

Thank You for your response.

Ok



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Thank You for your response.

Ok



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7:17

I confirm that I have read and understood the information provided above on the purpose of the survey.

I understand that the purpose of this survey is to gather views and suggestions, and that it is not meant to address any individual grievances.

I understand that my participation is voluntary and that I am free to withdraw at any time during the survey without giving any reasons.

I agree to take part in this survey.

Do you wish to proceed? Yes No

The entered survey number is already final submitted.

OK

TOKECX

**If you are filling the survey for the first time, click the 'Start new Survey Form' button.*

**If you have started earlier and left it incomplete, click the 'Continue with Survey Number' button.*

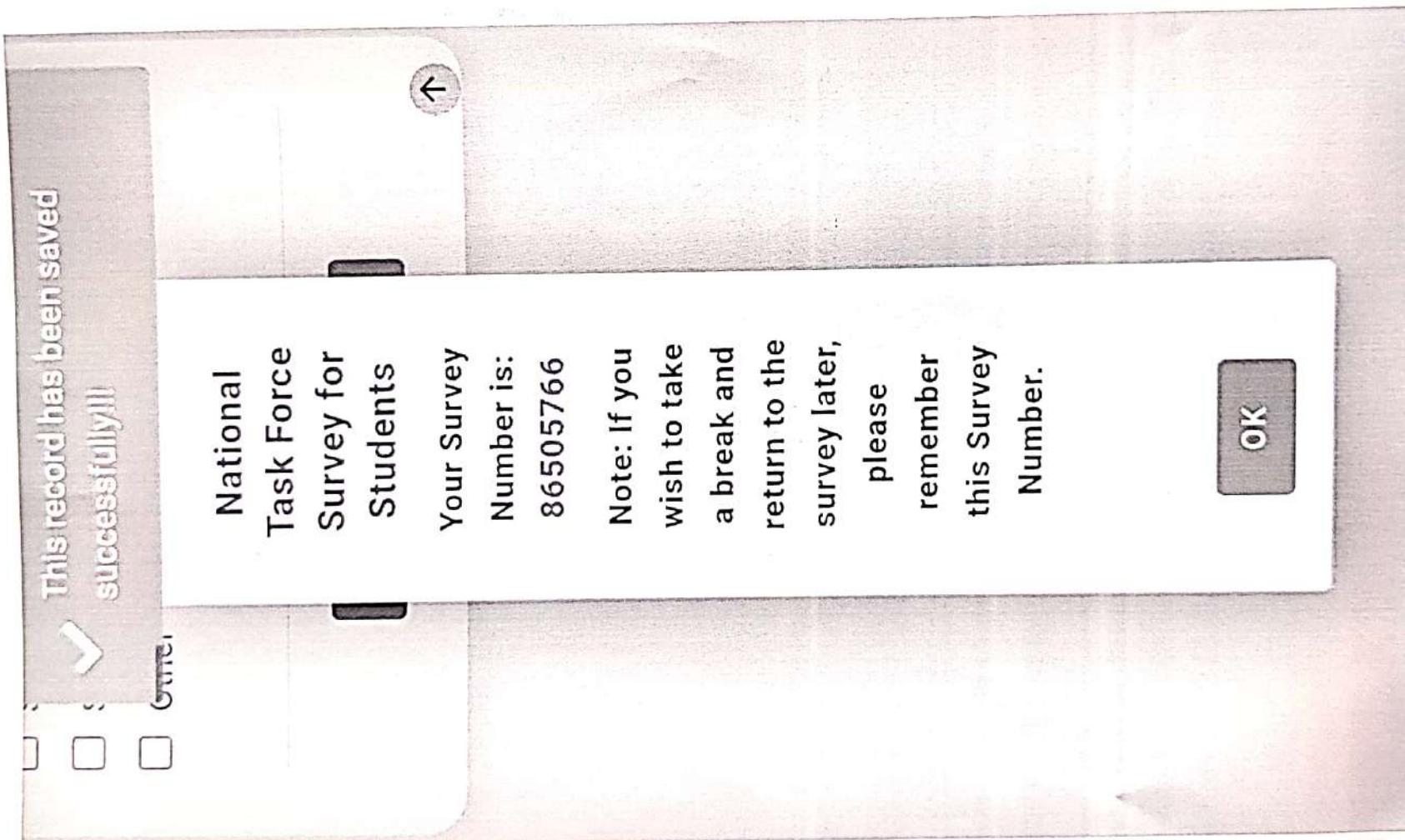
Start New Survey Form **Continue with the Survey Number**

Please enter Your Survey

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Submit

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40. When I
stress,
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Mark only one

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

41. When I
stress,
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Mark only one

**National
Task Force
Survey for
Students
Your Survey**

**Number is:
78093540**

**Note: If you
wish to take
a break and
return to the
survey later,
please
remember
this Survey
Number.**

OK

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6:29

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This record has been saved successfully!!!

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Mark only one

Strongly Agree
 Agree
 Neither Agree nor Disagree
 Disagree
 Strongly Disagree

National Task Force Survey for Students

Your Survey Number is: 89993734

Note: If you wish to take a break and return to the survey later, please remember this Survey Number.

41. When I stress, than a reach me I can reach it: *

Mark only one

Strongly Agree
 Agree
 Neither Agree nor Disagree
 Disagree

Significant staff (other than I can reach it: *

OK

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Thank You for your response.

OK



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Home aishe.nic.in/moetask Help

NTF Survey.

Thank You for your response.

OK

Prepared By: - Asst. Prof. Dr. Vaishnav Gharat

Chairperson

Asst. Prof. Dr. Vaishnav Gharat

Principal

Prof. Dr. Vijay D. Mendulkar



Copy Submitted to IQAC: -

Signature with stamp

Principal
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Kalamboli, Navi Mumbai - 410 218



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