

SC/ST Cell, Equal Opportunity Cell and IQAC in collaboration with Lions Club of Kamothe, organised 'Digital Detox and Stress Management' seminar on 24th August 2026 at 09.00 AM to 11.00 AM in College Auditorium.

Photographs:



Asst. Prof. Rajashree Bhorkade, introducing the guest speaker, Mr. Jaydev Pawar



Faculty members felicitating Mr. Jaydev Pawar, Guest Speaker, with a token sapling



Mr. Jaydev Pawar, Guest Speaker, explaining the effects of excessive screen time



Students listening attentively during the session on Digital Detox and Stress Management



Mr. Jaydev Pawar, explaining the “Designate Location” strategy to the students for reducing compulsive mobile phone use



Interactive session — a student sharing his views and experience during the Q&A segment